

# DISTRICT GOVERNOR'S NEWSLETTER

Botswana, Eswatini, Mozambique and South Africa

FEBRUARY 2024



CREATE HOPE  
in the WORLD



District  
9400

## Message from your District Governor:

*Riana Pretorius*

### My Dear Rotary Family,

This month's theme is Peace building and conflict prevention. It seems that the whole world is in need of this theme. In April 1945, representatives of 50 nations gathered in San Francisco to finalise and approve the UN Charter. 42 nongovernmental organisations were invited by the UN to participate in the conference in an official consultative capacity. Rotary was instrumental in creating the United Nations and is still represented on the UN. As Rotarians, we are guided by the principles of service, fellowship, diversity, integrity and leadership.

We focus our efforts on the crucial theme of peace building and conflict prevention, which is essential components of our mission to create positive change in the world.

Peace building starts with understanding and empathy. It requires us to recognise the root causes of conflict, whether they stem from social injustice, inequality, political issues, or cultural misunderstandings. By addressing these underlying issues, we lay the foundation for lasting peace and stability in our communities.

Conflict resolution is equally important, as it allows us to identify potential sources of conflict and intervene before they escalate. Through dialogue, mediation, and collaboration, we can find peaceful resolutions to disputes and work towards building a more harmonious society for all.



As Rotarians, we have a unique opportunity to be catalysts for peace in our communities and beyond. Whether through humanitarian projects, peacebuilding initiatives or advocacy efforts, each of us has a role to play in promoting understanding, tolerance and reconciliation.

Let us embrace this month's theme wholeheartedly and commit ourselves to being agents of change in the pursuit of peace. Together, we can make a difference and create a more peaceful world for future generations.

Next month's theme is Water, Sanitation and Hygiene. Let's see the projects coming in. Our WASH ambassador in our district is David Grant.

We also celebrate **World Rotaract Week** from 11 to 17 March.

Please remember the **RIP Gordon McNally's** visit to our District on the 23<sup>rd</sup> of March. We will be launching the Food security project and would love to have you there. For more information, please contact our District secretary Alice Meyer.

In May we have our **District Conference** with six brilliant speakers, and lots of fun. See the DISCON Programme [HERE](#). Looking forward to see you all there.

Yours in service

*Riana*

## Where it all started ... .. the first four Rotarians

As we have celebrated Rotary's anniversary, let us also celebrate the first four Rotarians. From left: **Gustavus Loehr, Silvester Schiele, Hiram E. Shorey, Paul P. Harris**. On 23 February 1905, Paul P. Harris, Gustavus Loehr, Silvester Schiele, and Hiram E. Shorey gathered in Loehr's office for what would become known as the first Rotary club meeting. Harris' desire for camaraderie among business associates brought together these four men and eventually led to an international organization of service and fellowship. Each of the first four Rotarians brought different professional perspectives to the organisation.



# MARCH is WATER, SANITATION and HYGIENE MONTH

**March is Water, Sanitation and Hygiene Month** – Over 750 million people in the world lack access to safe water while more than 2.5 billion people in the world lack access to adequate sanitation facilities and 748 million people don't have clean drinking water.

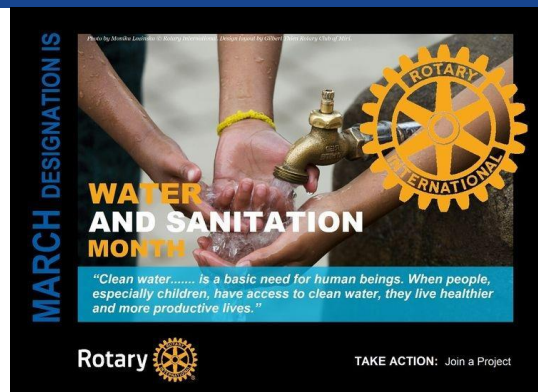
When people have access to clean water, they live healthier and more productive lives. Although a basic human right, many are often denied clean water. Nearly 1 400 children die each day from diseases caused by lack of sanitation and unsafe water. At least 3 000 children die each day from diarrheal diseases caused by unsafe water.

Rotary members are committed to reaching the water and sanitation SDG through projects like building wells, installing rainwater harvesting systems, and teaching community members how to maintain new infrastructure.

During March, Rotary Water and Sanitation Month, we're celebrating our commitment to create healthier communities by supplying clean water and sanitation facilities to prevent the spread of infectious diseases. **World Water Day on 22 March** is an opportunity to learn about Rotary's commitment to provide clean water and sanitation.

Clean water and sanitation is a human right. When people, especially children, have access to clean water, sanitation, and hygiene, they lead healthier and more successful lives. We don't just build wells and walk away. Rotary members integrate water, sanitation, and hygiene into education projects. When children learn about disease transmission and practice good hygiene, they miss less school. And they can take those lessons home to their families, expanding our impact.

In 2015, the United Nations introduced their new Sustainable Development Goals (SDGs) to end poverty and promote prosperity while protecting the environment and addressing climate change. Sustainable Development Goal (SDG) 6 on water and sanitation encourages us to address universal access to drinking water and sanitation along with improved water management to protect ecosystems and build resiliency.



## You are invited to an evening with RI President Gordon McInally



DG Riana Pretorius (D9400) DG Ann Wright (D9350) DG Jacques Venter (D9370)



RIP Gordon McInally

In celebration of **Human Rights Day**, DG Riana Pretorius (D9400) together with fellow southern Africa District Governors, DG Ann Wright (D9350) and DG Jacques Venter (D9370) have pleasure in inviting you to an evening with Rotary International President, **Gordon R. McInally**.

Join us for this wondrous occasion as **RIP McInally** of Scotland, the 2023-2024 Rotary International President, visits the tip of Africa to promote his presidential theme, **Create Hope in the World**. He is a member of the Rotary Club of South Queensferry, Lothian, Scotland.

This event is proudly hosted by the Rotary Club of Johannesburg, the first club in Africa and will take place at the **WANDERERS CLUB 21 North Street, Illovo, Johannesburg**.

**SATURDAY,  
23rd MARCH 2024**

6h30 for 7h00PM

**Cost:** R550pp  
*Dinner served; cash bar available*

**Dress Code:** Traditional/Formal

**RSVP** before 18 March  
Book your seat [HERE](#)

# 2024 Discon Countdown

*"Hello there, I am a Happy Hippo who will help you  
CREATE HOPE IN THE WORLD this year!"*



**DISCON** is from **Thursday 2 to Saturday 4 MAY, 2024** at the **FLOREAT RIVERSIDE LODGE** in **SABIE**, ending in spectacular fashion on **Saturday** night with a gala dinner. As your **2024 Rotary District Conference** mascot, I urge you to book your accommodation for our **DISCON** as soon as possible.

DISCON's theme **Empower to Prosper** encapsulates the essence of collaboration and positive transformation. It's about enabling individuals and communities to reach their full potential, fostering a sense of agency and ownership, and creating a better future through collective action. The Happy Hippo, represents hope and joy, reflecting the 2024 RI theme, **Create Hope in the World**.

There is a dedicated web page on the D9400 website where you can find out more about what is in store at this year's conference. Click [HERE](#) to read all the latest **INFORMATION** about **DISCON 2024**.

Rotarians, Rotary Anns, Rotaractors and their partners/ spouses are encouraged to register and pay now. You may select the full conference package or specific events.

**EARLY BIRD UP TO 31 JANUARY:** Delegates who took advantage of early bird registration but did not pay before the end of January have lost this benefit and will now pay the current rate.

**LIMITED DISCOUNT UP TO 31 MARCH:** The next round of registrations has a limited discount and are only valid if booking and full payment is done together and received **BEFORE 31 March 2024**. Click [HERE](#) to **REGISTER** for **DISCON 2024**.

**NO DISCOUNT 1 TO 20 APRIL:** Thereafter, registration is at full price and only valid if booking and full payment is done together and received **BEFORE close of business on 20 APRIL 2024**.

**All DISCON bookings & payments close 20 April || No late registrations possible || No on-site registrations possible**



## RIPPR FOR D9400 DISCON 2024

**PDG Abdul Hamid El Awa** is the **Rotary International President's Personal Representative**. He was the District Governor of **District 2451** in **2018-2019**. He was a Rotaractor and joined Rotary International in 1994. He is a Paul Harris Fellow, a Major Donor and a RI Service Above Self Award Recipient. He and his wife, **PAG Mariam Fayeze**, live in Cairo, Egypt.



His Rotary club is the international partner for D9400's first Global Grant to eradicate pit latrines. As RI Inter-country Committees (ICC) Executive Board Member (2023-2024), he was also the Organizing Committee Chair (HOC) for the first ICC peace forum in 2023.

*PDG Annemarie with PDG Urg Hertzog (left) who is fundraising for the D9400 pit latrines Global Grant and PDG Abdul Hamid El Awa (right)*



PDG Abdul Hamid El Awa is the RI President Special Representative to Iraqi Rotary Clubs. He was the Assistant Regional Rotary Foundation Coordinator and also District Trainer from 2020 to 2023. He is a Past President of the Rotary Club of Kasr El Nile and held several other prominent positions in Rotary since 2010.

He is the Founder & Managing Director of **SAMS INTERNATIONAL** in Egypt which specialises in importing, marketing and displaying wide range of Italian Tiles and Mosaics. He is a tiles and mosaic specialist and holds a BSc, Accounting, Business Administration degree (1981 – 1985) from Alexandria University.



**PAG Mariam Fayeze** was a former Rotaractor and later a founding member and former President of two Rotary clubs, and is currently RLI Faculty. She is a Paul Harris Fellow and a Major Donor. Fayeze is a communications expert in government relations and affairs with intensive experience in intercultural learning and communications. Since 2000, she has advised Egypt's ministers of communications and information technology on public and media affairs. Currently, she serves in the office of the Minister of Communications and Information Technology of Egypt.



# Speaker Reveal

Our six top guest speakers will present on our theme "**Empower to Prosper**" and address it from various perspectives in which they are experts – township economy, artificial intelligence, humanitarian field, mental health and survival. Here are the final two guest speakers at the 2024 DISCON.

**Guest speaker:**

**Dr Llewelyn Curlewis**



He will speak on our theme "**Empower to Prosper**" from the perspective of a Moral guide: 4-way test

**Dr Llewelyn Curlewis** is a senior-lecturer in the Faculty of Law at the University of Pretoria. He is a former-prosecutor and advocate. Currently, he is an attorney, notary public and appraiser. Furthermore, Dr Curlewis is a senior-trial lawyer in full-time practice and has been involved in many high-profile court cases. He also holds an advanced certificate in forensic accounting, as well as an advanced certificate in Alternative Dispute Resolution (Cum Laude) from AFSA. Dr Curlewis lectures at various other institutions and serves on numerous Councils and Boards within the legal profession, including the South-African National Legal Practice Council. He is an honorary member of the PAA, as well as the SA Institute for Valuers. He is a well-known speaker on numerous radio stations and a familiar face on many television channels both in the RSA and abroad. He is a recipient of numerous awards and an author of a number of legal textbooks. Being a former President of the Law Society, he represented the legal profession on a global-scale and participated in hundreds of local and international conferences as a key-note speaker. He is one of very few South Africans on the panel of defence counsel of the International Criminal Court in The Hague (Netherlands).

**Guest speaker:**

**Gerrit Laning**



He will speak on our theme "**Empower to Prosper**" from a mental health perspective.

**Gerrit Laning** is the CEO of Community Keepers, a non-profit organisation concerned with the mental and emotional well-being of school communities in low-income areas. They partner with 78 schools reaching 65 000 learners and their givers each year and will open 13 new sites this year. Gerrit holds a Master's Degree in Clinical Pastoral Care from Stellenbosch University, is a certified NLP Master Practitioner and certified facilitator of the Organic Scorecard. He has been involved in community development since 2000; he then taught at Kayamandi High School before joining Vision Afrika in 2006 for the next 12 years. Gerrit joined Community Keepers as CEO in January 2018. "If your dreams do not scare you, they are not big enough..." is a quote by Ellen Johnson Sirleaf that embodies the work of Community Keepers, for him. Working in impossibly difficult environments and situations, their staff intervene by providing a safe space and listen without judgement. The rewarding part is seeing clients believing again in the hope of possibility. Community Keepers won the 2023 NGO award of the National Science and Technology Forum for their exceptional contribution to SET and innovation including technology transfer, and education and training activities. They were recognised for their outstanding contribution to enhance resilience and promote mental health and wellbeing among South African learners, their parents, teachers and community through socio-emotional learning opportunities.

## SIX TOP GUEST SPEAKERS

**They will Empower us to Prosper and support D9400 Rotarians in their mission to Create Hope in the World. We look forward to their valuable insights with regard to:**

- |   |   |
|---|---|
| <p>Moral guide: 4-way test</p> <p>Artificial intelligence</p> <p>Mental Health</p> <p>Humanitarian issues</p> <p>Overcoming adversity</p> <p>Township economy</p> | <ul style="list-style-type: none"> <li>■ Dr LLEWELYN CURLEWIS, Faculty of Law, University of Pretoria</li> <li>■ ZIAAD SULEMAN, Chief Commercial Officer EOH</li> <li>■ GERRIT LANING, CEO Community Keepers</li> <li>■ ANAS AL-HAMATI, Deputy Director, Gift of the Givers, Middle East Office</li> <li>■ Dr EMMANUEL TABAN, Medical Doctor and COVID Champion</li> <li>■ VUSI THEMBEKWAYO, Public Speaker, Investor &amp; Author</li> </ul> |
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# UNLOCK OPPORTUNITIES at DISCON:

## Join the Grant Management Seminar on 4th May!



As dedicated members of Rotary, you understand the transformative power of service and the positive impact we can create in our communities and around the world.

We are excited to announce an invaluable opportunity that will not only enhance your leadership skills but also empower your club to make a greater difference through Rotary's Global and District Grants. In order to assist Rotary clubs who have not yet qualified to prepare applications for The Rotary Foundation (TRF) grants (both Global and District), there will be a Grant Management Seminar (GMS) on Saturday afternoon 4 May after the final DISCON session. It will commence after lunch, from 14h30 until 17h30.

PDG Patrick Coleman and PDG Francis Callard will present this 3-hour event with a comfort break mid-way. They will also be introducing the Rotary Learning Center for TRF information. The GMS is a crucial step in qualifying for these grants, and we encourage you to seize this chance to elevate your club's potential. Clubs who have attended a GMS during 2023-2024 will not be required to attend this GMS.

### Why Attend the GMS on May 4th?

- ▶ **QUALIFY FOR GRANTS:** Clubs aspiring to undertake Global or District Grants must complete the GMS to qualify. This seminar is your gateway to unlocking resources that can fuel your impactful projects.
- ▶ **MANDATORY FOR CLUB LEADERS:** The President of the year, the President-elect, Club TRF chair, and Secretary (or Treasurer) must complete the GMS in order to qualify. Your club's leadership team is pivotal in steering the course towards success, and this seminar ensures they are well-equipped for the journey.
- ▶ **EXPERIENCED PRESENTERS:** Patrick Coleman & Francis Callard, seasoned Rotary leaders, will guide you through this 3-hour event with a comfort break in the middle. Their expertise will illuminate the path to effective grant management.
- ▶ **SUPPORT MATERIALS:** The PowerPoint presentations will be available to the participants of the GMS, but not for just anyone. Clubs that want to be qualified must have their President, President-Elect, Foundation Chair and either the Secretary or Treasurer in attendance.
- ▶ **ROTARY LEARNING CENTER INTRODUCTION:** Stay ahead of the curve with insights into the Rotary Learning Center for TRF information. Enhance your understanding of Rotary's global initiatives and strengthen your club's connection to the larger Rotary community.

Don't miss this golden opportunity to position your club for success. By attending the GMS, you demonstrate your commitment to Rotary's ideals and your dedication to making a lasting impact.

Kindly confirm your attendance by **15 April** to Patrick Coleman [colemanpg@gmail.com](mailto:colemanpg@gmail.com)

Let's embark on this journey together, united by the spirit of service!

**Free  
Training  
Session at  
DISCON  
2024**

### Details of Grant Management Seminar (GMS):

- **Date:** 4th May
- **Time:** 14h30 - 17h30
- **Venue:** Floreat Riverside Lodge
- **Presenters:** Patrick Coleman & Francis Callard

Are you ready for the DISCON 2024 competitions?  
Here are some of the great prizes to be won:

- **Mabalingwe, Bela Bela:** A 3-night weekend breakaway self-catering for 2 adults and 2 children. IN Friday 19 July/OUT Monday 22 July. **Value R 6 000**
- **African Rest Lodge, Barberton:** A 2-night mid-week stay (Any two days from Monday to check out Friday) in a 4-sleeper self-catering unit. **Value R 6 000**
- **Floreat Riverside Lodge, Sabie:** A weekend breakaway for a couple. IN Friday/OUT Sunday in the Honeymoon suite, Bed & breakfast. **Value R 5 000**



## ROTARY AFRICA, TAIWAN SIGN HISTORIC INTER-COUNTRY COMMITTEE PROTOCOL AGREEMENT

### A HISTORIC MILESTONE FOR GLOBAL COLLABORATION!



Rotary International marked a historic occasion on January 30, 2024, bringing together 55 countries for the signing of the Rotary Intercounty Committee (RI ICC) protocol agreement. This groundbreaking pact unites African and Taiwanese districts under a shared commitment to community impact, fostering unity, friendship, and cultural exchange.

The collaboration began with a Global Grant in D9400, focusing on peace-building, supported by clubs and districts from America, Taiwan, and South Africa, with the backing of TRF. The initiative aims to amplify the impact of service projects and build bridges of understanding across continents.

All District Governors and Governor-Elects of all participating districts were present at the signing ceremony which was witnessed by RI ICC Executive Board President, Past District Governor (PDG) Mohamed Ghammam and his executives. The ceremony was graced by among others, Past Rotary International President (PRIP) Gary Huang, Rotary International Director-Elect (RIDE) Naomi Lin for Taiwan (Zone 9) and RID Patrick Chisanga for Africa (Zone 22).

PDG Mohamed Ghammam emphasized the protocol agreement's role as a catalyst for positive change and congratulated all participating districts. PRIP Gary Huang acknowledged the profound impact of Taiwan and Africa on the global Rotary stage, celebrating the milestone.

RID Patrick Chisanga stressed that the agreement symbolizes the potential of collaboration and unity, transcending boundaries. The commitment of Rotary to making a lasting difference and promoting positive peace is evident in this unprecedented collaboration. The global Rotary family eagerly anticipates the transformative impact of this historic achievement.

Together, Rotary is committed to making a lasting difference in the world, continuing to create positive peace. The global family of Rotary looks forward to the transformative impact that will result from this unprecedented collaboration



*International service is a high priority for Rotary. It supports all of our strategic priorities and is an Avenue of Service that promotes international understanding, goodwill, and peace. The mission of Rotary ICCs is to promote peace and international understanding while improving cross-cultural awareness, engaging diversities, and bridging communities. The Inter-Country Committees with their simple and flexible structure have built bridges of friendship. They have extended Rotary's service and carried out far-reaching actions in Rotary's priority areas of action, particularly conflict prevention and resolution.*



## The 2022-23 Service Award for a Polio-Free World

Join us in thanking those who received the 2022-23 Service Award for a Polio-Free World, which honours Rotary members who have made outstanding contributions to our polio eradication efforts.

The Regional Service Award went to 68 members.  
The full list of International Service Award recipients is [here](#).

## New Rotary partnership: A Child Abuse Prevention Program



Rotary International and the **My Body Is My Body Foundation (MBIMB)** have formed a significant partnership in child abuse prevention. The **Inter-Country Committees (ICC) of Rotary International** signed a memorandum of understanding with MBIMB in London on February 9, 2024. This collaboration aims to address the global crisis of child abuse, impacting over one billion children annually. By combining MBIMB's innovative approach to teaching body safety through music with Rotary's extensive global network, the alliance seeks to empower children worldwide.

The partnership is not just an agreement but a beacon of hope, recognizing the societal impact of child abuse on mental health, emotional resilience, and future generations. Through this joint effort, the organizations pledge to safeguard children's futures globally, ensuring every child has the knowledge and support needed for a secure environment. The collaboration signifies a commitment to a safer, more empowered future, preserving childhood innocence and breaking the cycle of violence.



*MBIMB Foundation signed a pact with Rotary International to safeguard children. From left to right: PDG Annemarie Mostert (ICC Executive Council) My Body Is My Body CEO Crissy Sykes, Rotary International President Gordon R. McNally and PDG Mohamed Ghammam (ICC Executive Council).*



*DG Riana Pretorius signs the agreement with MBIMB Foundation on behalf of D9400 while PDG Annemarie Mostert looks on.*

The MBIMB Foundation, working voluntarily with Rotary International, aims to make a profound impact on children's lives through its free program, available in multiple languages worldwide. This collective initiative emphasizes the power of unity and collective action in the face of adversity, standing together for a future that honours, protects, and empowers children.



## CALLING ALL SHUTTERBUGS!



We are reaching out to our talented and passionate photographers who have a keen eye for capturing special moments through the lens to submit their applications. **We need TWO photographers** for the District Conference in May 2024!

One slot has been taken! One more **Rotarian** or **Rotaractor** in D9400 is invited to apply as an **Official DISCON Photographer**.

If you are interested in this exciting opportunity, please reply to [mariana.purnell@egrain.co.za](mailto:mariana.purnell@egrain.co.za) (+27 82 3368 534) by **31 March**. We will provide more details, including a brief orientation session to ensure you are well-prepared for your role as an official photographer. Your invaluable contribution as a photographer will play a crucial role in preserving the memories of this significant Rotary event. Thank you for considering this invitation, and we look forward to creating lasting memories together.



**The first Harties RYLA Camp for 2024 will be on 19 – 21 April.**

Please share with your Youth Officers. You are welcome to contact PAG Alice Meyer should you have any queries in this regard.

PAG Alice Meyer, District 9400 Executive Secretary  
+27 82 5300 361 [alice@rotary9400.org.za](mailto:alice@rotary9400.org.za)



# A Fresh Start:

## Team-up journey of The Portuguese Forum and Rotary D9400



Guess what happened on the 16th of February 2024? The Portuguese Forum (TPF) and Rotary District 9400 sat down for their very first pow-wow, setting the stage for what's shaping up to be an epic partnership. This wasn't just any meeting; it was the start of something big, with big plans to bring people together and make a real difference across South Africa, Eswatini, Botswana, and Mozambique.

The meeting was attended by Manny Ferreirinha, the National Chairman of TPF who's all about making big moves; Paula Franco, a dynamo from the E-Club and an executive at the Portuguese Forum; Shereen Hunter, the D9400 E-Club President but also the District Public Image Chairlady; and Jack Chen, the go-to guy on the Rotary District Membership Committee.

But wait, there's more! Cassidy Van Rensburg brought the spirit (and spirits) from Wines of the World; Joan Sainsbury from RC Johannesburg New Dawn added her wisdom as another key player on the Rotary District Membership Committee, and Gugu Tshabalala, the E-Club Secretary and PI Committee Member for the District, rounded out this powerhouse meeting.



Jack and Amy Chen



Shereen Hunter



Gugu Tshabalala



Joan Sainsbury

Together, they are not just mixing it up; they are reimagining what collaboration looks like. From kickstarting community projects that hit right where it's needed, to sparking cultural exchanges that celebrate diversity - this team is all in.

And they will not stop there. They also plan to go green with environmental projects, stepping up in times of crisis, and injecting some serious energy into local economies through entrepreneurship.

*"This partnership is all about making a bigger impact together than they ever could have done alone."*

So, what's the vibe of this dynamic duo? It's about bringing the rich cultural heritage of the Portuguese community together with Rotary's global reach and expertise. Think of it as a blend of tradition and innovation, all aimed at doing good in the world.

As this adventure kicks off, the possibilities are endless, there's no telling what amazing things can be achieved. It's about unity, dedication, and a whole lot of heart.

Here's to the start of a beautiful friendship and the incredible journey ahead. The meeting on the 16th of February wasn't just a date on the calendar; it was the first page of a new chapter. And they are out there for it, ready hear from all how The Portuguese Forum and Rotary District 9400 will change the world together. The strength of this partnership belongs to the members. The two groups aim to get connected and find opportunities – because when we come together, there's nothing we can't do!



**Rotary's online self-paced courses on the basics for five club committees to help club officers succeed:**

- [Club Administration Committee Basics](#)
- [Club Membership Committee Basics](#)
- [Club Public Image Committee Basics](#)
- [Club Rotary Foundation Committee Basics](#)
- [Club Service Projects Committee Basics](#)



# ANN'S MESSAGE

## FROM IPDGA CHRISTINA



*Dear Rotary Anns and Friends,*

This month the Ann Clubs embraced the love! Numerous projects continued to bring comfort and hope to less privileged communities and the Anns are working tirelessly in their ever-dedicated contributions.

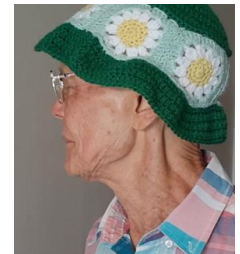
**Riverside** The ladies donated toiletries valued at R 2,000 to Driehoek High School under the school's Joshua Girls Project, where pupils raise funds and donations for their needy friends.



The Club also sorted damaged and discontinued stock that was donated to them into 19 boxes to distribute to various homes in the community and handed over a Checkers voucher valued at R 5,000 to Theresa from the Galaxy Children's Home in an emotional presentation. As if that wasn't enough, Riverside crocheted their way to a record, handing over 122 scarves to their Rotary club, who rewarded them with a dinner for their efforts.



**Benoni Aurora** - From their ever clicking knitting needles and flying crochet hooks, Aurora presented pretty bucket hats to mastectomy patients at the local oncology clinic, bringing love, smiles and joy to these brave women.



These tireless Anns also took time to assist at the District Golf Day held on 21 February and raised R3,270 and the groceries received from the players will be donated to Benoni High School's Food Parcel Scheme.



The previous Sunday, they marshalled at the Dischem Ride for Sight Charity Cycle Challenge, where Ann President Janice flew the flag.



Meanwhile, Ann of the Year 2023, Sylvia, filled her car to the rafters, so to speak, with linen donated by the Sandton Sun Hotel. The hotel also sent a truck with the rest of the stock, which is distributed from at the Humanitarian Centre for worthy recipients and causes.



**Kyalami** Supported the Safe Haven Children's Home with a donation of groceries. This is a shelter for children aged eight to 18 years old. They also donated various items to assist the Midrand SPCA with their fundraising efforts.



In the north, **Pietersburg 100** hosted a clean-up campaign with a difference, sharing the love with some 60 homeless people who enjoyed a shower in a mobile unit, and received clean clothing and shoes and a hot meal.

They were also given counselling, haircuts and basic medical tests, and received goody bags containing a blanket, Bible and toiletries, which were all donated. The Anns supplied each person with a daily food survival pack and assisted at the various stations.

Ann Serena handed over various items to a car guard, who is involved with assisting homeless people.



Some of the clubs celebrated with social gatherings. **Rosebank** enjoyed fellowship with their brunch at Higher Ground, while **Krugersdorp** hosted themed Valentine dinner at the Rotary Clubhouse for about 100 residents of the Golden Age Village. The Interact Club came along to assist with serving and the clean-up.





## FOR YOUR DIARY

▶ **Ann Conference:** Saturday 20 April, hosted by the Rotary Anns of Benoni van Ryn at the Greek Orthodox Church Hall, Benoni.

▶ **D9400 DISCON:** 2 -5 May, Floreat Riverside Lodge, Sabie.



And so, another busy month has passed! Until next time!

Sincerely yours in Rotary, IPDGA Christina.

*IPDGA Christina*



*District Interact  
Chair Debbie Smit*

Please welcome the **Interact Club of Reddam House Waterfall**, sponsored by the Rotary Club of Kyalami's 2024 incoming Board. Thank you to everyone who attended the induction from Rotarians from various clubs, Kyalami club, parents of Interactors, Rotaractor Conwell as well as the outgoing board of 2023.

The event took place at the Swiss country Club where the Rotary Club of Kyalami meets. Our club looks forward to working with the 2024 Interact board & are looking forward to another year of successful, fulfilling & meaningful projects.

The Rotary Club of Kyalami also welcomes and congratulates the **Interact Club of Beaulieu College's** 2024 Board. This is the first official induction being held for the Interact board since the club was started in 2021 by another club who subsequently closed down.



A big thank you to Mrs. Govender, the College patron, for arranging the venue, sacks & setting the stage. It was great to meet all the Interactors parents and we were privileged that the College's Department Heads, including Marketing, Sports, Culture as well as the Vice Principal were able to attend the Interact club of Beaulieu College's induction.

A short presentation was given about Rotary and the majority of the presentation was focussed on Interact, RYLA, Youth Exchange, Interact week, Interact awards as well as an introduction of Rotaract. RYLA was presented by Incoming President Aleysha Thaver regarding her learnings and time spent at Die Hoekie on 20 to 22 October - very insightful indeed.

The Rotary Club of Kyalami is looking forward to working with the Interact Club of Beaulieu College and know together we can Create hope in this world with Service above self. Watch this space!





# D9400 PEOPLE OF ACTION

Click [here](#) to view Club newsletters and stories online! Send your Club Newsletters to [admin@rotary9400.org.za](mailto:admin@rotary9400.org.za) to have them loaded onto the D9400 website!

## Rotary Club of Johannesburg

The Rotary Club of Johannesburg ran a Toy for Joy project for the eighth consecutive year on the 3rd of December 2023. The beneficiary was the small village of Mookgophong in Limpopo.

This project was inspired by and promoted in a local church which aimed to make the children of that village happy. The first Toy Run at Oasis of Hope Ministries International took place in December 2015. It was initiated by the late Rev. Peter Fisher and his then-wife, Desiree Fisher.



On November 26, the official TOY RUN took place and we were blessed by being selected as a beneficiary of the estimated 14 500 toys collected, a remarkable improvement of the 11 000 toys collected in 2022. Once again, through the TOY RUN assistance, joy was brought to over 300 children in the village of Mookgophong.

## Rotary Club of Johannesburg New Dawn

Several RC Johannesburg New Dawn members had a lot of fun celebrating at the 14<sup>th</sup> hole of ERPM golf club on 21 February during the D9400 Happy Hippo Golf Day.

Their focus of the day was to commemorate the W.J.J. SMITH Hole-In-One by entertaining the golfers with various games. Bill Smith was the father of Rtn Joan Sainsbury who had a Hole-In-One there at the 14<sup>th</sup> hole on 10 October 1985.





## Rotary Club of Johannesburg

On 22 December, 2023, RC Johannesburg visited Carl Sithole Salvation Army Home in Klipspruit, Soweto, for the annual Gift of Hope project. This event takes place every December before Christmas so that children who could not be placed with a host family during the end-of-year holidays have the opportunity to experience the Christmas atmosphere at Carl Sithole home.

This year, 38 children received gifts including toys, stationery, toiletries, clothes, sweets and beautiful hampers. This year, RC Johannesburg teamed up with Santa Shoe Box who offered boxes filled with treats for the occasion.



The Estée Lauder company offered the older children hampers of beauty products as well as a box of Sanitary pads.

The RC Johannesburg also provided the Carl Sithole Salvation Army Home with a 20kg bag of soybeans received from the official TOY RUN in Benoni.



## Rotary Clubs of District 9400

On 21 February, 2024, several Rotary Clubs collaborated to present the Happy Hippo Golf Challenge at the ERPM Golf Course in Boksburg.

Magnificent prizes were won, many delightful items were auctioned and the huge "Barrow of Booze" was raffled. Thanks to all our sponsors and players!



## Rotary Club of Johannesburg

Rotary Community Corp (RCC) of Tembisa who are sponsored by RC Johannesburg together with Ga Rona Community Development Centre initiated a Community Based Counselling Project which is aimed at prevention and response to various mental health issues affecting the community of Tembisa and Ivory Park and surrounding areas. The two organizations conducted a 5-day Basic Counselling as from 19 - 23 February 2024. The main aim of the training was to equip the participants with necessary basic counseling skills and knowledge so that they may assist the members of the community with free counselling services.

During the training, the participants were afforded an opportunity to learn theory and practice on basic counseling. The participants were also assessed at the end of the training to gauge their levels of competence in terms of the course.

The 8 participants who took part in the course will be joining RCC Tembisa as Lay Counsellors as from 01 March 2024. They will be closely monitored by Director of Ga Rona Community Development Centre, Mr Aaron Maepa who facilitated the training. The Lay Counsellors will refer most of their clients to in-house social workers for further intervention.



RCC Tembisa and Ga Rona Community Development Centre will be continuing with the training to empower more community members with basic counseling skills. The organization will be conducting the same course in Kempton Park West on 04 to 08 March 2024. School assistant officers, community leaders, pastors and community Brigades will be attending the training.

The follow up courses will include short courses such as bereavement counselling, trauma containment, gender based violence, self-care and other short courses. Our aim is to empower our lay counsellors with necessary skills to assist our communities with mental health issues.

## Rotary Club of Pretoria Hatfield

**5th QUARTER FUN** Fundraising dinner! Join RC Pretoria Hatfield on **9 March 2024** for a fun wine tasting with 'Afval' (tripe) in Pretoria 18h30 @ R600 pp.

**Contact:** Carol 082 573 7493 or Melanie 083 377 3671

Tripe is the edible lining of a ruminant's stomach. The lining is usually of beef, hog or sheep stomach although most sold is from beef. Apart from cattle or sheep, it can also include the stomach of any ruminant including deer, antelope, goat, ox, giraffes, and even chickens or ducks.



This part of the animal is tough and requires long cooking for tenderness. Beef tripe is most often obtained from the first three of the four stomachs of beef cattle. Tripe has less fat than most other meats. Nutritional experts are now questioning whether it has the potential to be a superfood.

Tripe is an excellent source of high-quality protein but low in calories, fat and carbs. Protein is essential for various bodily functions, including tissue repair, muscle growth, and hormone production. Including tripe in your diet can help meet your protein needs and support overall health. Tripe is also rich in B vitamins and minerals, including calcium, iron, magnesium, phosphorus, zinc, manganese and selenium.







## District 9400 EVENTS CALENDAR

<b>2</b>	March 2024	<b>DTTS and PETS training @ Rotary D9400 Headquarters, JCC House, 27 Owl Street (Cnr Empire Road), Milpark, Johannesburg, South Africa. Please click <a href="#">HERE</a> to register.</b>
<b>8</b>	March 2024	<b>International Women's Day</b> - Join Rotary for a webinar that will focus on leadership, both in the workplace and beyond. <a href="#">REGISTER NOW</a> .
<b>11-17</b>	March 2024	<b>World Rotaract Week</b>
<b>22</b>	March 2024	<b>World Water Day</b> - During March, Rotary Water, Sanitation and Hygiene Month, we're celebrating our commitment to create healthier communities by supplying clean water.
<b>23</b>	March 2024	<b>Evening with RIP Gordon R. McNally</b> at WANDERERS CLUB 21 North Street, Illovo, Johannesburg 18h30 for 19h00. Dinner @ R550pp. Book your seat <a href="#">HERE</a>
<b>19-21</b>	April 2024	<b>RYLA Camp @Harties.</b> Contact PAG Alice Meyer +27 82 5300 361; <a href="mailto:alice@rotary9400.org.za">alice@rotary9400.org.za</a>
<b>20</b>	April 2024	<b>Ann Conference:</b> Hosted by the Rotary Anns of Benoni van Ryn @ Greek Orthodox Church Hall, Benoni.
<b>20</b>	April 2024	<b>DISCON REGISTRATION CLOSES.</b> All payments must be received before 20 April. Click <a href="#">HERE</a> to REGISTER & PAY now for DISCON 2024.
<b>24-30</b>	April 2024	<b>World Immunization Week</b> , recognized by World Health Organization, showcased by Rotary and our partners in the Global Polio Eradication Initiative
<b>2-5</b>	May 2024	<b>D9400 District Conference</b> , FLOREAT Riverside Lodge, Sabie. Learn, have fun, enjoy!
<b>4</b>	May 2024	<b>2023-24 Rotary Day at UNESCO</b> will be held in Paris, France. The focus will be on education and peace.
<b>24</b>	May 2024	<b>World Water Summit 16</b> , WASH-RAG Summit on Sustainable sanitation. Click <a href="#">HERE</a> to register.
<b>25-29</b>	May 2024	<b>2024 Rotary International Convention, SINGAPORE</b>

### The Four-Way Test

#### Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### A Prova Quádrupla

#### Do que pensamos, dizemos ou fazemos:

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

### DISTRICT 9400



To view the 4-Way Test in some of the other languages spoken in D9400, click [here](#)

#### DISTRICT GOVERNOR

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Join the District 9400  
Facebook Page  
CLICK [HERE](#)

#### SEND YOUR SUBMISSIONS TO:

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