

DISTRICT GOVERNOR'S NEWSLETTER

Botswana, Eswatini, Mozambique and South Africa

MAY 2023



IMAGINE
ROTARY

Message from the District Governor: Koekie Makunyane-Quashie

Mensagem Da Governadora Do Distrito: Koekie Makunyane-Quashie

My Dear Family of Rotary,

May is Rotary Youth Service Month. Rotary's Youth Service Programs have a long history of developing young leaders and providing for health and education projects to make the world a better place. It is gratifying to have seen how clubs have, through the youth programs, made it a priority to exposing youth to the ideals of "Service Above Self", which in turn promotes world peace and understanding. We know that Youth Service is important because youth are our future. Youth will be running our countries and the world and are the future of Rotary.

For Rotary and its ideals of service as a worthy enterprise to survive and thrive beyond our lifetime, Rotarians must be involved in Youth Service and that you have done during this month. You have been involved in increasing the numbers of our Rotaract and Interact clubs, and involved in Rotary Youth and New Generations Exchanges, Rotary Youth Leadership Awards, and Community Corps.



2022/2023

DG Koekie Makunyane-Quashie

Individual Rotary Clubs also supported youth related humanitarian projects, given scholarships and provided school equipment and supplies where needed, and celebrated the youth exchange. We have also seen the graduation of our Peace Fellows, and participated in the international "Sun never sets" event.

More importantly, we have also heard how Rotary's Youth Protection Policies and Training are important resources for Rotarians that protect all young people.

There are a wide range of programs and projects included under Rotary's Youth Service umbrella and Every Rotary Club in the district connects with one or more of these. Does your club have a Youth Services Chair? If not, please ensure you elect one as a matter of urgency.

Minha querida família Rotária,

Os programas de Serviços à Juventude do Rotary têm uma longa história de desenvolvimento de jovens líderes e de projectos de saúde e educação para tornar o mundo um lugar melhor. É gratificante ver como os clubes, por meio dos programas pró-juventude, priorizam a exposição dos jovens aos ideais de "Dar de Si Antes de Pensar em Si", o que, por sua vez, promove a paz e a compreensão mundial. Sabemos que os Serviços à Juventude são importantes porque os jovens são o nosso futuro. Os jovens vão governar os nossos países e o mundo e são o futuro do Rotary.

Para que o Rotary e os seus ideais de serviço como um empreendimento digno sobrevivam e prosperem além das nossas vidas, os Rotários devem estar envolvidos no Serviço à Juventude, e foi isso que fizeram durante este mês. Vocês estiveram envolvidos no aumento do número dos nossos Rotaract e Interact Clubs, e participaram do Intercâmbios de Jovens e Novas Gerações do Rotary, Prêmios Rotary de Liderança Juvenil e Núcleos Rotary de Desenvolvimento Comunitário.

Clubes Rotários individualmente também apoiaram projectos relacionados a jovens, concederam bolsas de estudo e disponibilizaram equipamentos e suprimentos escolares onde necessário, além de celebrarem intercâmbios de jovens. Também vimos a formatura dos nossos Companheiros de Paz e participamos do evento internacional "O Sol Nunca se Põe".

Mais importante ainda, também ouvimos como As Políticas de Proteção e capacitação de Jovens do Rotary são recursos importantes para os Rotários protegerem todos os jovens.

Há uma grande variedade de programas e projectos incluídos nos Serviços à Juventude do Rotary e todos os Clubes Rotários do distrito estão ligados a um ou mais deles. O seu clube tem um Presidente para a Comissão de Serviços à Juventude? Se não, eleja um com urgência. Blessings.

Message from Jennifer Jones

RI President 2022-23



Mensagem Da Jennifer Jones

RI Presidente 2022-23

I believe it is a time in our world for brave, courageous, intentional leadership.

Last month, in this column, you heard from my dear friend Anniela Carracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care.

That is why I'm so heartened by President-elect Gordon McNally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion.

Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can Create Hope in the World, Gordon's inspiring theme for his upcoming year as president.

If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.

Acredito que este é um momento no nosso mundo para uma liderança corajosa, corajosa e intencional.

No mês passado, nesta coluna, ouvimos a minha querida amiga Anniela Carracedo. Ela é um membro incrível da nossa família Rotária, e como ex-interactiana e agora Rotária, ela é esse tipo de líder.

Anni contou uma história muito pessoal sobre como lidar com um ataque de pânico, algo que eu também já vivi. A repercussão e a resposta a essa história foram tremendas e demonstram como é fundamental reconhecermos não apenas nossos pontos fortes, mas também nossas vulnerabilidades.

Quando falamos sobre encontrar espaço uns para os outros — criando conforto e cuidado dentro do Rotary — estamos a descrever uma experiência de clube em que todos podemos nos sentir confortáveis em partilhar como a Anni fez, e todos podemos ter empatia e apoiar uns aos outros. Seja o que for que estejamos a enfrentar na vida, o Rotary é um lugar onde sabemos que não estamos sozinhos.

Passamos muito tempo a ajudar o nosso mundo, seja a trabalhar para acabar com a pólio, a limpar o meio ambiente ou a levar esperança às comunidades que mais precisam. Às vezes, podemos perder a noção da necessidade de aplicar um pouco da nossa energia e cuidado aos nossos colegas e parceiros de serviço.

O conforto e o cuidado dos nossos membros é o maior factor de satisfação e retenção dos membros. Precisamos garantir que isso continue a ser uma prioridade — e que fortaleçamos ainda mais esses vínculos, realizando serviços que ajudem a reduzir o estigma de buscar tratamento de saúde mental e ampliem o acesso aos cuidados.

É por isso que estou tão animada com a maravilhosa visão do Presidente Eleito Gordon McNally de ajudar a melhorar o sistema global de saúde mental, não apenas para os Rotários, mas para as comunidades que servimos.

Quando Gordon anunciou o nosso foco na saúde mental na Assembleia Internacional deste ano em Orlando, Flórida, ele nos lembrou que ajudar os outros beneficia a nossa saúde mental, reduzindo o estresse e melhorando nosso humor. Estudos mostram que realizar actos de bondade é uma maneira eficaz de melhorar a sua própria saúde mental e física. O serviço Rotário traz esperança para o mundo e alegria para as nossas vidas.

O nosso novo enfoque na saúde mental irá levar algum tempo para fazer o certo e, no entanto, se baseia em algo que faz parte de quem somos há 118 anos. Somos Pessoas de Acção, e por trás dessa acção está o cuidado, a compaixão, a empatia e a inclusão.

Tornarmo-nos campeões da saúde mental não é apenas uma atitude certa e gentil, é uma ferramenta que pode Criar Esperança no Mundo, o tema inspirador de Gordon para o seu próximo ano como Presidente.

Se servirmos os nossos associados, servirmos as nossas comunidades, e se pudermos ir ao encontro das pessoas onde elas se encontram e elevá-las, elas imaginarão o Rotary sob uma nova luz e compreenderão plenamente o nosso valor e o nosso potencial infinito.

JUNE IS ROTARY FELLOWSHIPS MONTH

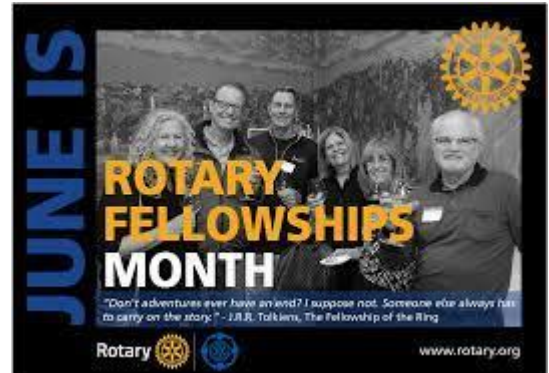
June is designated Rotary Fellowships Month to recognize the importance of international fellowship and goodwill among Rotarians with similar recreational and vocational interests, and promote increased participation in fellowships. [Rotary Fellowships](#) are international groups that share a common passion.

Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience. Since June is the final month of the Rotary year, it is a fitting finale because "fellowship" is such an important part of Rotary. The word "fellowship" is right there at the top of the current core values of Rotary.

What are the benefits for Rotarians in joining the Rotary Fellowships?

Fellowship provides opportunities for Rotarians to make lasting friendships outside their own Club, District or country. Fellowships contribute to the advancement of world understanding and peace. Also, Fellowships serve as an incentive for attracting new members to Rotary and retaining our existing members. Indeed, Rotary Fellowship, together with the Rotarian Action Groups, serve as an effective tool in promoting membership development and should be actively promoted in our Districts.

Fellowships cover more than 90 topics and it is easy to connect. There are many Fellowships that would be of interest to our members, and they are detailed on <http://www.rotary.org/fellowships>. Just visit a fellowship's website to learn more about that group and connect with them directly. Don't see one of your favourite hobbies or interests? You can find guidance and resources [on Rotary's Fellowship page](#) for proposing a new group.



COUNCIL ON LEGISLATION

Resolutions and Enactments due soon!



PDG Annie Steijn has again been nominated as District Representative for Council on Legislation (COL) for the period 2023 to 2026 after her 3-year term expired on 30 June 2023. She will represent D9400 at the 2023, 2024, and 2025 Councils on Resolutions and the 2025 Council on Legislation.

At PETS and at District AGM/Assembly at the District Conference in Eswatini, Presidents and Club representatives were advised that Clubs can forward Resolutions to PDG Annie Steijn. The closing date for Resolutions are **30 June 2023**. Details on drafting and submitting Resolutions can be found in [How to propose Resolutions](#).

The deadline for Enactments is **31 December 2023**. Details on drafting and submitting Enactments can be found in [How to propose Enactments](#).

However, PDG Annie Steijn is prepared to assist clubs with this task as it needs to be endorsed or approved by the Club in the district before it can be submitted to Rotary International.

Duties of a Council representative include:

- Assist clubs in preparing proposed resolutions and enactments and discuss those at district meetings;
- Give critical consideration to all proposed resolutions and enactments and effectively communicate their views on such proposals to the Councils;
- Report on the deliberations of the Councils to the clubs in their district following the meetings of the Councils

Positive changes brought about by the Council on Legislation that came into effect from 1st July 2023, include:

- Inclusion of the 7th area of focus – Protecting the Environment – to improve our planet and
- Rotaract being elevated to Rotary club status as a Club type and enabling them to be included in Rotary committees internationally, at club and district level.



D9400 ASSISTANT GOVERNORS AND CLUB PRESIDENTS 2023/2024

AG Mentor - PAG Alice Meyer of RC Brits-Hartbeespoort in Region 9



Region	Club Name	Title	Name	AG Club
1	BOTSWANA	Assistant Governor	Michael Everingham	Gaborone
1	Francistown	President	Florence Makgarapa	
1	Gaborone	President	Chipo Gaobatwe	
1	Selebi-Phikwe	President	Sandra Hughes	
2	Johannesburg 1	Assistant Governor	Ann Hope-Bailie	Rosebank
2	Morningside	President	Felix Ndlovu	
2	Randburg	President	Marilyn Apata	
2	Rosebank	President	Costa Qually	
2	Johannesburg 2	Assistant Governor	Nerisha Govender	Randburg
2	Fourways Main Reef	President	Iyere Ebhodaghe	
2	Kyalami	President	Jan Jalloh	
2	Sandton	President	Ntombi Mhangwani	
2	Johannesburg 3	Assistant Governor	Judy Sligcher	New Dawn
2	Johannesburg	President	Nick Wood	
2	Johannesburg New Dawn	President	Mbali Zulu	
2	Johannesburg North Central	President	Melly Ndlovu	
2	Northcliff	President	Rita Millan	
1	Johannesburg East 1	Assistant Governor	Grace van Zyl	Johannesburg
3	Benoni	President	Nalika Gopal	
3	Benoni Aurora	President	Sylvia Knoop	
3	Benoni van Ryn	President	Charmaine Cole-Niven	
3	Johannesburg East 2	Assistant Governor	Kevin Bennett	Johannesburg South 101
3	Germiston	President	Jo-Anne Groenewald	
3	Knights-Pendragon	President	Ron Smith	
3	Johannesburg East 3	Assistant Governor	Louise Schaap	Springs Park
3	Nigel	President	Flaminio Luciano Carniel	
3	Springs	President	Glenda Steyn	
3	Springs Park	President	Glenda Steyn	
3	Johannesburg East 4	Assistant Governor	Rasigie Bhika	E-Club of Southern Africa
3	Bedfordview	President	Billy Phillips	
3	Johannesburg East	President	Hazel Van Schalkwyk	
3	Johannesburg South 101	President	Theresa Bennett	
4	Johannesburg South	Assistant Governor	Sonja Gilliland	Riverside
4	Meyerton/Henley-on-Klip	President	Anrike Bryant	
4	Riverside	President	Albertus Kriel	
4	Vanderbijlpark	President	Adri Roos	
5	Pretoria 1	Assistant Governor	George Senosha	Waterkloof
5	Centurion	President	Kim Geyser	
5	Pretoria Capital	President	Toni Makina	
5	Pretoria-Hatfield	President	Lololo Kopanye	
5	Pretoria 2	Assistant Governor	Marina Britz	Pretoria-Hatfield
5	Pretoria	President	Liana van der Walt	
5	Pretoria Sunrise	President	Nomsa Zikonda	
5	Pretoria West	President	Matsepo Africa	

5	Pretoria 3	Assistant Governor	Jean-Francois Mercier	Pretoria Hatfield
5	E-Club of East Rand	President	Siobheanne Landsberg	
5	Pretoria East	President	Owen Maroleni	
5	Waterkloof	President	Muda Tamane	
6	Limpopo 1	Assistant Governor	Simon Kudze	Phalaborwa
6	Giyani	President	Andrew Ndhambi	
6	Phalaborwa	President	Wonder Nkhwashu	
6	Limpopo 2	Assistant Governor	Jerry Malahlela	Polokwane
6	Haenertsburg	President	Keith Patrick	
6	Hoedspruit	President	Hazel Partington	
6	Tzaneen	President	Melchior Lee	
6	Limpopo 3	Assistant Governor	Horst Meyer	Pietersburg 100
6	E-Club of Baobab	President	Gladys Ragophala	
6	Louis Trichardt	President	Leon Barnard	
6	Pietersburg 100	President	Horst Meyer	
6	Polokwane	President	Adriaan Anderson	
6	Mokopane	President	Maggie Morontshi	
7	Mpumalanga 1	Assistant Governor	Leon van Zyl	White River
7	Barberton	President	Chris Rippon	
7	White River	President	Renate Bowers	
7	Mpumalanga 2 & 3	Assistant Governor	Brendan Damons	Ermelo Phoenix
7	Ermelo Phoenix	President	Janine Lee Cirigliano	
7	Middelburg	President	Colleen Deiner	
7	Witbank	President	John Moshidi	
8	MOZAMBIQUE	Assistant Governor	Danilo Catoja	Maputo
8	Maputo	President	Celso Eurico Moiane	
8	Maputo Metro	President	Amelia Boane	
8	Matola	President	António Dengo Muhau	
8	Polana	President	Gérsio Hamela	
8	ESWATINI	Assistant Governor	Ceasar Rex Okello	Mbabane
8	Malkerns Valley	President	Jabulane Dlamini	
8	Manzini	President	Wellington Motsa	
8	Matsapha	President	Sibongile Macwele	
8	Mbabane	President	Lindelwa Maziya	
8	Mbuluzi-Mbabane	President	Buyani Fakudze	
9	Rustenburg/Brits	Assistant Governor	Allan Cartey	Brits-Hartbeespoort
9	Brits-Hartbeespoort	President	Glen Ross	
9	Rustenburg	President	Stefan Roos	
2	Roodepoort	Assistant Governor	Elvis Munatswa	Jhb North Central
9	E-Club of Eagle Canyon	President	Sanette Mostert	
9	E-Club of Southern Africa D9400	President	Shereen Hunter	
9	Krugersdorp	President	Lynette Musgrove	
9	Monument	President	Jeanne Morland	

Eswatini DISCON in Review

27 April -1 May, 2023



DG Koekie thanks everyone who came to conference, who helped plan it, who participated in a panel discussion, who dazzled us with inspiring and informative and topical talks, who led a breakout session, who led the invocation, who organized and sponsored the Rotaract conference, who volunteered as a Sergeant-at-Arms, who bought items at the Rotary Shop, who received recognition, who provided entertainment and who organized the fantastic tours.

It was an inspiring, educational, and fun weekend, just as the committee had hoped it would be!

Thursday was the arrival day for delegates. An AGM was held with the presentation and adoption of audited financial statements of D9400. The presentation of a Report from DG Koekie Makunyane-Quashie was postponed. In the evening there was a meet and greet function. Delegates were welcomed by the CEO of eSwatini Tourism Authority, Mrs Linda Nxumalo. The Department of Tourism treated the Conference very seriously and used it as an opportunity to market their country. The atmosphere was vibrant and delegates full of energy.



The opening ceremony of the main conference on Friday was very colourful and Government was represented at a very high level. We were treated to beautiful music by the Prison Band and the national anthems for the countries represented at the conference were sung by a Korean Choir as the Country flags were raised. The Minister of Tourism, a former Rotarian, introduced the Deputy Prime Minister of eSwatini who in turn welcomed the delegates and declared the Conference open.

The DPM received a Tutu Desk from PDGs Shirley and Francis after opening Discon 2023.

Discussion Panels outlined a lot of issues where Rotarians and special guests deliberated important aspects and Rotary focus areas including:

Membership Growth and Retention of Rotarians and Rotaractors – This is a district-wide challenge and there was a strong feeling among delegates that some of the causes for poor retention were: New members feel intimidated and not welcome when they join Clubs; During meetings new members are not given an opportunity to express their views; Meeting times are not flexible enough to accommodate young members.

District Foundation – D9400 is not a large giving district to the District Foundation. We should up our game. Considering that there are 65 clubs in D9400, if only each Club could contribute \$1 500, the district would raise \$97 500 per annum.

Mental Health Issues – Dr Ilongo Fritz Ngale, a Senior Lecturer in Educational Psychology at the University of eSwatini made a very informative presentation on Mental Health. According to a scientific brief released by the World Health Organisation the global prevalence of anxiety and depression has increased by a whopping 25% since the first year of the COVID 19 pandemic. To a very large extent women and young people were more impacted than men. A WHO representative for eSwatini, who was one of the panellists in this discussion emphasised that this was a wakeup call to all communities to pay more attention to the mental health of citizens.

Response to Disasters – The Mozambique flood disaster project was discussed. The Rotary Club of Morningside was among the few clubs recognised for making a contribution towards the relief fund. **Girl Empowerment Project** – The discussion here was centred on the provision of washable sanitary pads to young school-going girls. **Rotary Family Health Day** and **Protection of the Environment**.

The day was concluded with an address by the Past Rotary International Vice President Olayinka Babalola. This was followed by Dinner, music and dance.

On Saturday the delegates visited **Project Canaan**. It is a large-scale land development project on 2 500 acres of land focussing on reducing hunger, caring for orphans, reducing poverty and providing education. There are more than 300 orphans (abandoned children) being cared for and circa 400 people employed from the surrounding communities. All the food consumed is locally produced. This includes potable water, eggs, fruits, dairy products and vegetables. Children go to the school which was built by the facility. This project was made possible by the generous contributions of Rotarians through the Global Grant facility.



All aboard for Project Canaan!



The delegates were taken on a tour of the **Mantenga Cultural Village** and treated to very entertaining traditional music and dance.

Delegates went to the Project Canaan amphitheatre overlooking the Living Water Dam, a RC Mbuluzi Mbabane Global Grant project.

PP Hans was intrigued by the tour guide at the Mantenga Cultural Village



H E George Wachira, UN Coordinator in eSwatini was the guest speaker on Peace and Conflict Resolution. There were some awards presented by DG Koekie Makunyane-Quashie. DGE Riana Pretorius was inducted as the District Governor 2023/2024 making her the 4th woman DG in a row. We were treated to a good dinner and good wine in good company before retiring to bed.

ANN'S MESSAGE FROM DGA CHRISTINA



Dear Rotary Anns,

Discon 2023, held here in eSwatini, was clearly the highlight of the past month. There was fellowship and friendship in abundance between the Rotarians, Anns and Rotaractors at the various functions, from the Meet and Greet party on Thursday evening until the final farewell on Monday morning. Everyone thoroughly enjoyed the very interesting one day Conference, which featured various topics presented by lively speakers, following the opening by our charismatic Deputy Prime Minister Themba Masuku, who demonstrated his appreciation by requesting photos with everyone!

On the second day, the delegates enjoyed a tour of Project Canaan, where they were taken round the impressive, full working farm and later enjoyed a curry lunch. The logistics of loading scores of enthusiastic people into buses and thereafter into kombis to tour the farm presented something of a challenge but we managed! Thank you, Ian and Janine Maxwell, the parents to 368 orphans and vulnerable children, for hosting us at your wonderful project.



RIVP Yinka with DG Koekie enjoying the eSwatini scenery.



PDG Annie revisits the Living Water dam. She attended the opening as DG in 2014.



More fun at the Mantenga Cultural Village in Ezulwini and shopping at the bead studio of Project Canaan



Later, the group visited the Mantenga Cultural Village in Ezulwini. This is an active Swazi homestead, complete with Inyanga, where the Rotary family experienced a taste of life the traditional way.

The Anns enjoyed a Breakaway session in the afternoon of the first day, when PDG Francis Callard gave a fascinating presentation and video of the Tutu Desk. This project has wonderful potential for underprivileged children throughout our District! President Ann Priscilla Fuller of Benoni van Ryn pronounced it all a wonderful experience and hopes there will be more Anns at Discon next year. So hopefully, you'll turn up in even better numbers at Sabi Discon 2024!



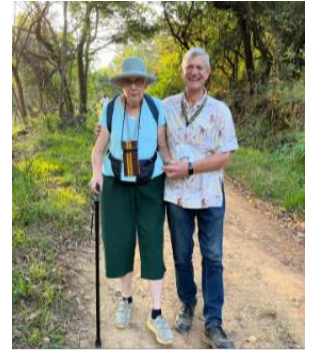
Queen Rosalind with ladies in waiting. Coronation party Kyalami Anns.



An Uplands pupil models a blanket made by White River Ann President Neha



PDGA Joan van Zyl leads the dancing at Kamp Quality, Uplands School White River.



Knight in shining armour - PDG Anton and Ann President Priscilla assist each other at Project Canaan.



RIPPR Joe Otin and DG Koekie with a guest at the African theme evening

I am happy to report that that the Rotary Anns of Benoni van Ryn will present the Ann Conference next year! Thank you, ladies: we'll all look forward to that!

Meanwhile, the Anns of White River joined their Rotarians for Kamp Quality, when underprivileged children were taken to Uplands School for a weekend of fun and pampering. Well done WR: it's a pity the weekend unavoidably clashed with Discon but we'll see you next year, and well done for bringing fun and happiness to these little ones!



PDG Stella and PDGA Sylvia Knoop with a guest

Stay warm and safe as winter closes in, and keep those beanies, scarves and blankets going strong!

Yours in Rotary Service,

DGA Christina

DGA Christina Forsyth-Thompson 2022/23



Keep on giving happy winter warmth.

School uniforms ready to be delivered by the Anns of RC Riverside



World Cleanup Day Competition 16 September 2023 ...

District 9400 Needs You Now!



World Cleanup Day is the largest civic-led environmental campaign in the world with millions of people participating each year. in Rotarians as well as all Rotaract and Interact members in District 9400, are invited to come together to clean a park ... a river ... a street ... in their area. Submit a proposal of how your club and local organizations will undertake clean-up activities in your communities.

For more information about the PROPOSAL FORMAT and GUIDELINES, contact:

Babette Gallard - babettegallard@gmail.com (Rotary Club of Johannesburg New Dawn) or
Mandla Mliphah - mandlamliphah@gmail.com (Rotary Club of Malkerns Valley).



D9400 PEOPLE OF ACTION

Click [here](#) to view Club newsletters and stories online! Send your Club Newsletters to admin@rotary9400.org.za to have them loaded onto the D9400 website!

Rotary Club of Vanderbijlpark

The RC Vanderbijlpark has been fortunate to supply water tanks to various deserving organisations in Vanderbijlpark over the past few years.

With the aid of a District grant their latest contribution went to Huis Frangipani, one of the four foster homes of the Jabes Foundation.

The handover was received by Johan Riekert, chairman of Jabes Foundation and Ben and Rina Riekert foster parents of Huis Frangipani. They were very grateful for the water tank which will contribute towards supplying water to all their homes at times when Vanderbijlpark areas run out of water. Rotarian Allan Claase, Foundation chair of RC Vanderbijlpark was the champion of the project. President Celeste Lance assisted Alan with the handover.

RC Vanderbijlpark is grateful for the sponsors who also contributed to enrich the lives of those who are in need. The CMM Attorney



group donated tinned food and more received from the stall holders at their annual "Potjiekos" competition where some of our Rotarians assisted with the judging. Avis contributed toiletries and Alco Beton supplied the concrete blocks for a sturdy foundation of the tank.



Rotarian Allan Claase, Johan Riekert, Ben and Rina Riekert

Rotary Club of Meyerton/Henley on Klip

On Thursday, 27 April 2023, the RC Meyerton/Henley on Klip hosted their annual run. This event demonstrates the club's commitment to making a positive impact by serving the community and fostering goodwill.

The run brings together individuals from diverse backgrounds, promoting inclusivity and unity while addressing the needs of their local community. Participants and volunteers actively contribute their time and effort.

The annual run is not just about physical endurance but also serves as a platform for fundraising and raising awareness about important community projects. Proceeds from the run are channelled to address a variety of social needs.

The event generates community awareness and involvement, creating a platform for the club to collaborate with local organizations, businesses and residents. This enables them to raise funds and act as a catalyst for positive change, inspiring individuals to contribute to their community in a meaningful way.



Rotary Clubs of Nelspruit & White River

The Rotary clubs of the Lowveld, namely Nelspruit and White River, between them have been running *Camp Quality* since 1988. There was an enforced break from hosting the camp due to Covid, but this year, the camp was run once again.

Originally, RC Nelspruit ran the camp, but handed it over to the RC White River as the venue was actually in White River. The Camp provides a time and place for children who are suffering from cancer and other life-threatening diseases to get together for a few days of spoiling by the Rotarians.



The clubs also have the support of Uplands College, a private school in White River, which dedicates one of their hostels for the children as well as their kitchen staff to provide the meals. The community opens their hearts to this initiative and most of the food costs as well as T-shirts, aeroplane flips and outings to places such as Elephant Whispers are covered by donations.

Most of the club members get involved in one way or another and the Rotarians end up having a lot of fun and fellowship as a club as well as providing a wonderful break for the children.

Rotary Club of Pretoria Hatfield

The RC Pretoria Hatfield went on an Outreach to Lesotho in March 2023. This four-day Outreach Project in the village of Ramabanta is part of the International Vocation Service and is done in collaboration with the RC Maluti in Maseru.

The clubs jointly conducted the following activities: Drawing competition and Career guidance at Rapaleboa High school. There was an athletics competition with all the Primary schools in Ramabanta Village. They held an Embroidery workshop with 15 women as part of skills development and distributed 60 blankets to the Fatima Health Centre for their maternity ward.



Rotary Club of Maputo Metro

D9400 and especially President Brian Barnes is proud of chartering the new Club in Maputo during Discon 2023. This is the 66th Rotary club in D9400 and it will be known as the RC Maputo Metro. The RC has 24 members and Amelia Boane is the incoming President for 2023/2024.



District 9400 EVENTS CALENDAR

30	June 2023	Deadline for reporting your club's officers in My Rotary and ensuring that your club membership is up to date. This is also the last day to report in Rotary Club Central what goals you achieved toward the Rotary Citation for Rotary Clubs.
15	August 2023	This is the last day for Rotaract and Interact clubs to report in Rotary Club Central what goals you achieved toward the Rotary Citation for Rotary Clubs
31-3	Aug-Sept 2023	RYLA camp in Magoebaskloof
16	September 2023	World Cleanup Day in D9400 Contact: Babette Gallard babettegallard@gmail.com or Mandla Mliphalf mandlamlipha@gmail.com

The Four-Way Test

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

A Prova Quádrupla

Do que pensamos, dizemos ou fazemos:

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

DISTRICT 9400



To view the 4-Way Test in some of the other languages spoken in D9400, click [here](#)

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