



parts of Mozambigue and South Africa

# District Governor Newsletter October 2020

As Rotarians we stay connected and engaged through joyful service.

My highlight on a daily basis is to be connected through technology and in person with my network of TRUST, those sharing the same values of kindness and fairness.

If we can continue to inspire and Open Opportunities for our current and future leaders, that makes the world meaningful – that will keep us connected and engaged. Over the past 4 months you have shared your inspirational stories with me. You continue to make time in your diaries to connect and do good, recognise health heroes, work on Global Grants, and invite speakers and thought leaders to build the knowledge base within your clubs and our district – thank you!

Studies have confirmed that pro-social people have inherent qualities that unite us: We have a stronger belief in a 'just world', we feel more socially responsible. That inherent desire to change the world for the better is far more important than the differences that might otherwise divide us.

DG Annemarie and

**PP Hans Mostert** 

Think about this: Only two percent of the human population can be called leaders in the measurable sense, it is their actions that impact on the rest of humanity. In their



ranks, we include innovators, scientists, politicians, dictators, and yes, Rotarians. So, we call ourselves, *PEOPLE OF ACTION*.



On the 24<sup>th</sup> of October we participated in **World POLIO Day**. Together we are leading the fight to end Polio through our fundraising efforts, our awareness campaigns, and our work as a partner of the Global Polio Eradication Initiative.

Today, as the blank canvas unfolds, let's make sure we pick up our brushes and paint a better tomorrow together; include our family and friends, colleagues and business acquaintances, and the communities dear to us. Ensure you become their cheerleader.

This crisis offers us new possibilities to deepen friendships. Now the person who lives across the ocean can be just as much a part of your team as someone who lives down the street.

Holger Knaack

Rotary 🛞

#### <u>Click here to make a donation to</u> <u>The Rotary Foundation</u>

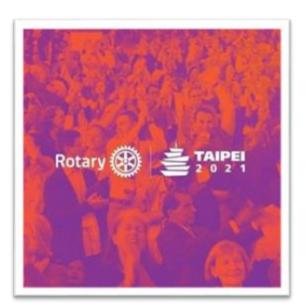


## Uhambe nami (Walk with me)

These words form part of the song Jerusalema by MASTER KG. And we at Rotary cannot think of more fitting words given current issues being experienced around the globe. Following many countries across the world going into lockdowns, in the wake of an unprecedented time. The importance of unity and support is needed now more than ever.

If you've enjoyed the rhythm and spirit of this uniquely African sound, share some joy – walk with your fellow Rotarians in D9400 and help us make a difference! Embraœ your giving for a greater good! Uhambe nami – we ask you to walk with us, and come together for a cause that is greater than any one individual – <u>click here</u> to donate \$10 to The Rotary Foundation.





Rotary 🛞 INTERNATIONAL CONVENTION

The place to be - Taipei! Excitement is mounting for next year's RI Convention. After the conversion of this year's RI Convention in Hawaii to a virtual event, it is anticipated that the next convention will indeed take place in Taipei, 12 – 16 June 2021.

Registration figures show that 15 delegates from South Africa and 4 from Mozambique have already registered. There are no registrations from Botswana and Eswatini yet. Registration normally starts climbing in December, so do not delay and make use of the early bird registration option! <u>Click here for more info!</u>





November is Foundation month. Our priorities are to increase our impact, expand our reach, enhance participant engagement, and increase our ability to adapt. The value of Rotary, translated into economic terms, annually generates a large scale social and economic problem-solving effort that is worth nine times more than it costs the organisation to produce. In a recent study John Hopkins Center for Civil Society Studies estimated that Rotarians volunteer nearly 47 million hours in a typical year, providing about \$850 million worth of community service.

It is therefore important to also make The Rotary Foundation your charity of choice when it comes to financial contributions. The generous contributions from donors makes it possible to support projects that bring sustainable improvement to communities in need. There are several ways to donate, and levels of giving:

- ➢ Benefactor estate plan to donate ≥\$1000
- Major donor individual/couple with combined giving of <u>></u>\$10 000
- Bequest Society estate plan to donate >\$10 000
- Arch Klumph Society donate <u>></u>\$250 000



Community & Vocational Service Survey Please complete this <u>survey</u> about the wonderful work you are doing as a Rotarian and in your vocation.

## Tell us about your Projects, Programs and Activities!

Let's recognise the Clubs and Rotarians that are the shining stars of our District! Include all projects from 1 July **2018** to current (including ongoing/incomplete).

Have you tried Rotary's new campaign fundraising platform yet? Click here to get started!

## Nominations for District Governor

We invite you to nominate Rotary members to be considered for this position. It truly is an exceptional experience (leading up to and including the Governor's year) and we know that there are many outstanding candidates waiting to be given the opportunity to lead the district. <u>Click here</u> for more information. Closing date: 23 November 2020.



DG Annemarie with DGE Dr Stella Anyangwe and DGN Koekie Quashie



# Training

#### Who will be the next 25 members to enrol on e-learning?

Take advantage of a wealth of training materials designed to help you learn new skills and become more successful in what you do. You can also find best practices and resources to ensure your club succeeds!

### Most club members on e-learning – Top 3

A big congratulations to the Rotary Club of Johannesburg North Central with 100% of club members on e-learning! The closest runners-up are the Rotary Clubs of Ermelo Phoenix and Ermelo!



#### Most courses completed on e-learning– Top 3

Congratulations to the E-Club of Southern Africa D9400 which has completed an amazing 768 Rotary training courses! The closest runners-up are RC Johannesburg North Central and RC Ermelo Phoenix!

Find out more about the Learning Centre here: <u>https://learn.rotary.org/members/learn/catalog</u>



The Rotary Leadership Institute (RLI) is a recommended program of Rotary International that provides a general educational opportunity for potential leaders. It is generally agreed throughout the Rotary world that the success or failure of a Rotary club depends on the quality of club leadership.

The training is not focused on specific Rotary positions and is open to all Rotarians, Anns, and Rotaractors to learn about Rotary. RLI will give you a very good understanding of the workings of Rotary.

For more information on when and where the facilitated sessions are held, as well as the cost, please contact Heidi Tucker, on 0824426710 or <u>heidi@redlemone.co.za</u>

<u>Click here</u> for the Rotary Leadership Institute's website!

<u>Click here</u> for a handy guide on Creating a Leadership Plan for your club!



People of

Action

## **Polio Fundraiser**

District 9400 Polio Plus Chair, Grace Van Zyl, had her hands full with this year's World Polio Day celebrations, especially with the recent achievement of the eradication of wild polio from Africa. Leading up to the event, a radio interview about Polio was live streamed on all Caxton Publications websites as well as on Caxton Radio (a recording is available on social media).

On the 24<sup>th</sup> of October District 9400 stepped it up for Polio Awareness with an online Zumba Class. The class was led by Verna Young, an accredited Zumba SA instructor who is a Rotary Alumni and was a member of the St Dunstan's Interact Club. The Zumba event created awareness, gave an opportunity to attract members and engage our Alumni, and also raised R2 500! Many people also donated directly via the End Polio Now website. Each Rotarian is encouraged to make a donation of R200 to the Polio Plus fund by



Our D9400 DGE Dr Stella Anyangwe also gave an inspiring and informative interview on Polio, in recognition of World Polio Day.

D9400 thanks our prize sponsors: Aspire Wealth Management, Chickita's Fashion Boutique and Movement & Wellness.

## **Become a Health hero**

Sue Paget, CEO of the Rotary Family Health and Aids Prevention (RFHA) action group together with the local Rotary Family Health Day teams recently showcased one of the most important health partnerships in a webinar. South Africa's National Minister of Health Dr Zweli Mkhize, together with RIPE Shekar Mehta were two of the speakers. An amazing 32,000 people worldwide have viewed this webinar!

RFHA's purpose is to provide assistance and support to Rotary clubs and districts in planning and implementing large scale, community development and humanitarian service projects. They are working to provide critical screening, testing and referrals to citizens who otherwise would not receive access to care. If you share their passion to bridge the gap between groups of vulnerable people and quality medical care, you can commit your support by signing up to be a RFHA Health Hero (free member of our Rotarian Action Group): http://rfha.org/health-heroes/



RFHA CEO and Health Hero Sue Paget during the webinar









### <u>Click here</u> to view Club newsletters and stories online!

Send your Club newsletters to admin@rotary9400.org.za to have them loaded onto the District website!

**Virtual Visions** 

"Virtual Visions" is the latest E-Club in D9400. It is the first Satellite E-Club of the Rotary Club of Brits-Hartbeespoort and caters for people between the age of 29-40, filling a gap as the main Club's average age is over 60. The E-Club has 11 members with a number in the pipeline still to register. The Rotary Club of Brits-Hartbeespoort also has an Interact Club that meets at the local High school. The launch of the club took place at the RC of Brits-Hartbeespoort Vulture feeding and conservation project at Nyoka Ridge in the North West Province with 45 people in attendance.



DG Annemarie with Chairperson of the new Club Justin Wicksteed and Club President of Brits-Hartbeespoort Colin Smith, with some of the newly inducted members.

#### **Challenge from RC Pretoria East!**

The Rotary Club of Pretoria East has been spurred on by its AG, Memos Kavallineas, to challenge all the other Rotary clubs in Africa to join hands with Retirement Villages in their communities in an attempt to get blankets, jerseys, baby clothes and boxes of food donated to uplift the lives of the people less privileged than ourselves.

The ladies of the Bronberg Retirement Village are working in conjunction with the Rotary Club of Pretoria East towards the Christmas project to provide presents for children at the Jakaranda Children's home and the Home for the Needy.

There is already a multitude of knitted and crocheted items! Colourful blankets, various kinds of clothing in all the colours of the rainbow, and a whole zoo of different animals are being knitted or crocheted! Some of these products will also be exchanged for other items such as Lego to make this a truly collaborative effort with other Rotary Clubs of Region 5.





#### Inter-CountryCollaboration

On 27 October representatives from D9210 and D9400 met to exchange ideas with D1850 in Germany to establish an ICC Germany–Southern-East Africa. In attendance were DG Marja Ritterfeld and DGN Hans-Günther Gellersen D1850, RIDN from Zone 22, Patrick Chisanga from Zambia and PDG Hutch Mthinda from Malawi D9210, together with PDG Grant Daly, DGN Koekie Makunyane -Quashie and DG Anne marie Mostert D9400. It's more than friend ship and a cultural exchange as the Rotarians in Germany have a longstanding relationship and partnership with Southern African

 $clubs\ through\ successful\ Global\ Grants.$ 



# More Club News...

## **RC Centurion Wine Tastings!**

Wine Tasters have certainly found the past 7 or 8 months somewhat challenging, events having been suspended for the last several months due to the COVID-19 pandemic. As we slowly find a new normal, the Rotary Club of Centurion has decided to restart the wine tastings, whilst observing the necessary health and safety protocols.

These will also mean that our numbers will be strictly limited to ensure social distancing and also to not exceed 50% of the venue capacity. Find out more about the monthly wine tasting event by emailing



winetasting@rotarycenturion.org

## **Rotary Club of Pietersburg 100 supports SA farmers**

Rotary Club of Pietersburg 100 stepped up to assist Free State farmers affected by veld fires this past week. AG Peter Mockford volunteered the first 300 bales of lucerne and within two days, 1 500 bales of lucerne and other essential items were donated and ready to be delivered to affected farmers in the Free State.

Retired farmer Harri Harmse of Ysterberg then took the lead and on Saturday two interlink trucks transporting the lucerne as well as medication to the value of R30 000 departed from Mockford Farms and arrived in Boshoff and Hertzogville in the Free State on Sunday after a trip of 678 kms. The trucks were made available free of charge by Wynand Swanepoel of Elban Logistics of Mokopane and all the diesel required was donated by Lee Janse van Rensburg of Enco Filling Station in Polokwane. According to one of the farmers who organised the transport, Gerrie Goosen, an amount of R71 600 was also donated to assist with expenses.

A consignment of care packs containing food and essential items were also prepared by the Anns of the RC Pietersburg 100 and delivered to AfriForum from where it will be dispatched to the Free State. The Rotarians also contributed R30 000 in cash.

President of the RC Pietersburg 100, Naas Vorster, said that the Rotarians are deeply touched by the fate of the farmers and that the donations are only a small gesture to show solidarity. "Every drop helps and we encourage other organisations to contribute as well," he said.





## **RC Germiston donates PPE**

As part of the RFHD, this year the Germiston Rotary Club arranged to assist the staff and health workers of the local health clinics in Germiston by donating PPE for the fight against the coronavirus. The picture below shows Rotarians Don Bailiff, John Rodda and Mervyn Abel handing over 400 face shields to Elmarie Stegman (Senior Manager, Nursing Services) and Jonathan



Mavhungu (Regional Executive Manager) at the Germiston Department of Health. These protective face shields will be used by the staff of the local health clinics in Germiston.

# More Club News...

#### RC Centurion Fundraiser – 2021 Calendars





The President's hobby is now a fundraiser for this club! Rotary Club Centurion has designed tent calendars (210mm length; 145mm height) with beautiful photos of game and birds from Chobe Game Reserve and Timbavati Game Reserve. Calendars are R50 (small) or R85 (large) – order now from President Sibylle Gussmann <u>gussisibs2018@gmail.com</u> or 083 488 1391.

#### Virtual Visions joins forces with Little Lenses and NPO Women & Beyond

The new D9400 satellite club, "Virtual Visions", has successfully tackled its first project by giving eyesight to a 14-year old girl with Type 1 Diabetes who developed severe Diabetic Retinopathy in both eyes and went completely blind over the course of a couple of weeks. Little Lenses in partnership with NPO Women & Beyond brought the case to the club's attention.

The girl had her long-awaited Bilateral Cataract surgery on 29 September. The operation was a great success, and she was discharged the following day with both eyes bandaged. When the bandages were removed on 1 October, she was able to see for the first time since going completely blind 6 months ago!



The hospital bill for the surgery will be paid from the money raised by the Harties Mystery Heritage Meander. In addition, a call for donations on Instagram by Rotarians Kayleigh and Sherinne on 29 October raised R8,700 which cover the cost of consultations, blood tests, and medication.

The Little Lenses Project is changing the child's world in a profound and positive way! For more information, follow @little\_lenses\_ on Instagram or e-mail <u>sherinnewinderley@gmail.com</u>





Sandton Central Satellite club had its first lunch meeting after lockdown in the Bull Run, after a meeting in which they inducted two new Rotarians and presented two others (who were inducted during lockdown) with their pins and certificates. Great meeting and great fellowship.

Inspired by an RI presentation on how to make Rotary meetings more fun and interesting they ran a mini project, filling 45 zip lock bags with dried rice, lentils, soup mix, powdered soup and a stock cube for distribution to needy households. Each bag of food will make a meal for 4 adults.



🗕 💿 🗩 📚



Dr Anderson from the Diabetic Clinic received an RFHD Certificate of Appreciation from President Sue of RC Vereeniging.



## <u>RC Pretoria East</u>

VOCATIONAL AWARD

Frans van Eden, for the auditing of the club's Financial Statements, free of charge.

#### **COMMUNITY SERVICE AWARDS**

- Hugo Van Zyl, a resident of the Bronberg Retirement Village who monthly donated boxes full of clothing and food to the projects of RCPE

- The Lane Sisters, Emely Mitchell and the Late Martha Lane, for ten years of support to the Winterveldt HIV/AIDS project. RC Northcliff recognised the nurses at Sanctuary for their ongoing battle against the pandemic and for their care of 82 intellectually disabled people.



RC Boksburg donated 8 beds for a special facility in the Tambo Memorial Hospital pre-natal ward (the "Kangaroo Ward"). Since the Tambo Memorial Hospital is a participant of the Rotary Family Health Days, an RFHD Certificate of Recognition was handed over to the CEO, Zenzo Ndabula.



Photo credit - Boksburg Advertiser journalist Ntombikayise Sibeko

RC Boksburg Lake, RC Benoni Aurora and RC Benoni Van Ryn collaborated to donate Rotary-branded face masks and a Certificate of Appreciation to the head nurses at Ramaphosa clinic and Reiger Park Clinic. At the Tambo memorial hospital, they met with Dr Agnus of one of the projects supported by these clubs;



the nurse who works with Dr Agnus received a certificate while the CEO received masks for the nurses.



#### **RC Pietersburg 100**

President Naas presented PP Horst with a citation from Rotary International for the club's achievements during his year as president.

PP Johan Joubert received a Paul Harris handed over by PP Horst.



Ann Sylvia, Rotarian John D, Ann President Charlie, President Naas, Ann Marlene & Past Ann President Lara were given certificates of recognition for excellent work done at our depot during the past months distributing much needed goods.

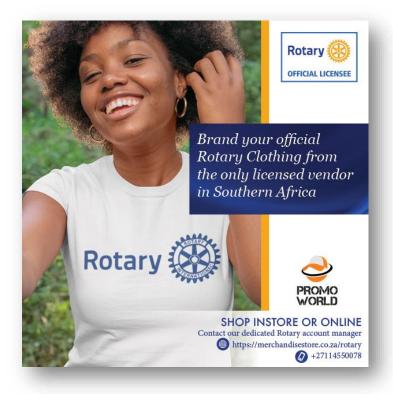


A really exciting project is in the process of being launched by our district. It has been decided that a Rotary Museum is to be established at Promoworld in Edenvale, adjacent to the Rotary Shop. The vision is to record 100 years of Rotary history in line with the Centennial Celebration in April 2021.

We would like to invite all clubs to participate and submit to Alice (<u>support@rotary9400.org.za</u>):

- Your specific ideas and thoughts as to a name or theme for this museum

- A list of loan items for display to reflect significant events & personalities in the life of your club. Remember to please submit photos of your items for consideration!





Rotary first came to Africa when a Rotary Club was chartered in Johannesburg in 1921 and from this one club our movement grew so that now there are over 4 000 Clubs and 38 579 Rotarians on the Continent of Africa. The Rotary Club of Johannesburg is part of one of 4 Rotary Districts in Southern Africa which cover 10 countries.

Next year, we will be hosting The Rotary African Centennial Celebration in Johannesburg. Our Rotary International President for 2020/2021, Dr Holger Knaack, a member of the Rotary Club of Herzogtum Lauenburg-Mölln, Germany, has confirmed his attendance, together with many other International Directors and Office Bearers of Rotary International and the Rotary Foundation.

You are invited to join the celebrations in Johannesburg. Do not delay, <u>click</u> <u>here to register your interest</u>!





Mediators Beyond Borders International (MBBI) and Rotary International are partnering to train 100 community mediators to promote conflict resolution throughout Africa.

We call on all clubs to help ARCoM identify and recruit suitable candidates to receive this valuable and internationally recognised training.

Click here to read more.



Rotary International is the world's oldest and largest service organisation comprising some 34,000 clubs in more than 200 countries with 1.22 million members. We drive positive change in line with various United Nations Sustainable Development Goals: Peace and Conflict resolution, Good Health and Wellbeing, Quality Education, Gender Equality, Access to Market, Clean

Water and Sanitation, and Affordable and Clean Energy to name a few. Sharing and showing passion and commitment we uphold high ethical values and continue to make the world a better place and serve our communities through our vocations. Rotary, as a founding member of the UN, is also the only NGO that has permanent representation at the United Nations.

Rotary members come together to create positive, lasting change in our communities and around the world. The strengths of Rotary are the individuals, their international contacts and the cooperation between districts and clubs, re-establishing the bonds of International friendship and the promotion of PEACE.

We do not comprise the largest organisation by numbers but we are certainly the most influential.





- 💿 🗭 📚

ROTARY ANNS // MONTHLY NEWSLETTER

# DGA OCTOBER UPDATES

#### AFTER RAIN THERE COMES SUNSHINE

## How are Anns doing?

#### DGA ANGELA NORRIS

I read the minutes eagerly reminding myself that the Ladies of the Anns clubs in our district are remarkable, I see you all, I see the wonderful work that you do. I see shared ideas. I also get to hear how so many are not only trying to participate in the upliftment of our community, but also trying to ensure that members of their family, and friends are also coping. Ladies are you taking care on number one, yourselves?

After visiting several Anns clubs. I can see that Covid has taken its toll on us all. I sent out a letter to all Ann Presidents, which I sincerely hope, you shared with all your Anns. It was a letter of encouragement, and reassurance that here at district level, we care and understand the stress that so many if not all of us are going through.



Make up your mind that no matter what comes your way, no matter how difficult, no matter how unfair, you will do more than simply survive. You will thrive in spite of it." – Joel Osteen

I love that statement, and I know that each one of you will thrive, because all Anns seek rather to comfort than to be comforted, all Anns give love, they bring hope and joy. And above all they strive to always be kind.

So many Anns clubs, have already started their Spekboom Project... Are you one of the clubs? I hope so... Which means by the time my year as DGA comes to an end, we should have an abundance of plants out there. Cleaning our air,

Let's not forget to put into <u>PER.SPEK.TIVE</u> our project this year...Our climate change hero Spekboom.





Always have fun, It's a Rule!

#### It has been a difficult start for all our Anns clubs, with Covid raisings its ugly head at the end of March 2020.

#### Taking its toll, I feel, is the connectivity.

Connectivity has been an exceedingly difficult one to endure, with family and friends all protected behind closed doors in their own homes. The shock of the pandemic has caused much anxiety, stress, illness, negativity, financial worry and depression. None of us have gone unscathed.

In many instances even though we have thought that we have managed, the underlying effect of a worldwide pandemic does affect each one of us, in one form or another.

Our Anns clubs are no exception, and it is now 3 months down the line into our Rotary year, and 7 months of lockdown in one format or the other, and after speaking to several clubs I can say that I have seen some of our Anns, desperately trying, to catch the enthusiasm train, many have been ill, and just don't seem to shake the illness off. Many feel exhausted, with the sadness of poor in our community an additional burden to deal with. Somehow that enthusiastic magical feeling has been replaced by, tired, and weary souls.

Please ladies look at your Rotary Anns club, see who is struggling, see who has lost her spark. who has been too quiet? who has been ill? Reach out to one another. Look after yourselves. Our Anns clubs must not waiver in these trying times, and they won't if you all are prepared to be there for one another.

Please Anns, presidents, DGAR's work together inspire one another. Give one another the encouragement to persevere. Now that some of the restrictions have been lifted, make the arrangement to meet and greet. Our summer is here, and the big outdoors and our glorious sunshine is here to heal your hearts. Social distancing is easy in our beautiful land. Take opportunity to spend time with one another, sharing the sunshine, sharing news, and just being a

friendly face. My goodness we all do need this.



Rotary

Action

Groups



Many clubs in D9400 are already involved in community motivation, promoting or organizing voluntary blood drives or collection sessions. We thank you for these efforts and encourage you to continue doing so – you are actively implementing the motto of Rotary International **'Service above Self'**.

**You can now join the Global Network for Blood Donation** by means of a **Rotary Action Group for Blood Donation** that is committed to promoting voluntary blood donation around the world. Rotary is a global player in voluntary blood donation and our District and continue to support and contribute throughout the Rotarian year by encouraging each other to **"open opportunities"** through the gift of life – **safe blood.** 

D9400 Rotary clubs are invited to join through the following portals:

- Facebook group <u>https://www.facebook.com/groups/2040560996047929</u>
- Website: <u>https://ourblooddrive.org/</u>

Contact: Jean-Claude Brocart, President 2019/2021 of International Coordinator of My Blood For Others jc.brocart@gmail.com

## Africa House of Friendship Projects Exhibition

#### 22 – 24 April 2021

During the Africa Centennial event, an exhibition will run parallel to the conference, and will provide numerous networking and engagement opportunities with fellow industry peers. It will feature innovative companies and ground-breaking products, services and solutions that drive real change across previously disadvantaged communities. More info will be available soon – start thinking about your exhibitor stand now!

